



## COVID-19 Guidelines for Summer Avalanche 2021

### Daily COVID-19 Screening

- Parents, students, and Monongalia County Schools employees are being asked to **monitor their children and themselves for signs and symptoms of COVID-19 every morning prior to coming to Summer Avalanche.**
- The signs and symptoms to monitor for include:
  - Fever >100.4 or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - New loss of taste or smell
  - Congestion or runny nose
  - Fatigue (along with 1 additional symptom)
  - Muscle or body aches (along with 1 additional symptom)
  - Headache (along with 1 additional symptom)
  - Sore throat (along with 1 additional symptom)
  - Nausea or vomiting (along with 1 additional symptom)
  - Diarrhea (along with 1 additional symptom)
- If these symptoms occur DO NOT come to Summer Avalanche. **Call Kristen McKain RN, NCSN at 304-282-4167 and she will direct you what to do next.**
- Students and staff will not be completing the Online Daily COVID Screening but will rely on parents and each person to responsibly monitor for COVID-19 symptoms to keep everyone healthy and safe.

### Masks

- Per CDC guidelines persons who have been fully vaccinated for COVID-19 do not have to wear a mask.
- If you are vaccinated and would like to wear a mask you may do so.

### Elementary School Students

- Masks are not going to be required but you may wear one if you like.
- A 3-foot distancing from others will be encouraged.
- Masks will not be required outside.
- For small group activities lasting longer than 15 minutes, masks are recommended.

### Middle and High School Students

- Students vaccinated for COVID-19 do not need to wear a mask.
- Students who are vaccinated and would like to wear a mask may do so.
- A 3-foot distancing from others will be encouraged.
- Masks will not be required outside.
- It is recommended that Non-vaccinated students wear a mask for indoor small group activities that will last longer than 15 minutes.