

November

Monongalia County Schools



2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Mac & Cheese 1 Cole Slaw; Fruit Cocktail Brussel Sprouts Milk – 8 oz Serving	Deep Dish Pizza 2 Fresh Broccoli; Ranch cup Cooked Carrots; Apple Crisp Milk – 8 oz Serving	Grilled Cheese 3 Tomato Soup; Fruit Cup Spinach Salad w/ Dressing Milk – 8 oz Serving	Chicken & Waffles 4 Fresh Vegetable Pack Apple Slices Milk – 8 oz Serving	Walking Taco 5 Fiesta Black Beans Grapes Milk – 8 oz Serving	6
7	BBQ Chicken 8 Corn Bread/Pinto beans Red Potatoes; Fresh Pear Milk – 8 oz Serving	Pepperoni Calzone 9 Fresh Carrot; Ranch Cup Veg. Juice Box; Applesauce Milk – 8 oz Serving	Fish Sticks 10 Peas; Orange slices; Goldfish Crackers Milk – 8 oz Serving	 11	Lasagna Roll 12 Breadstick; Cantaloupe Garden Salad w/ Dressing Milk – 8 oz Serving	13
14	Chicken Sandwich 15 Roasted Potatoes Baked Beans; Fruit Cocktail Milk – 8 oz Serving	Chef Salad 16 Apple Slices; Cookie Cheddar Popcorn Milk – 8 oz Serving	Sloppy Joe 17 Baked Potato; Ranch Cup Veggies Mix; Grapes Milk – 8 oz Serving	Turkey w/ baked Roll 18 Mashed Pot.; Cran. Salad Green Beans Milk – 8 oz Serving	School Choice Entrée 19 Whole Grain Choice; Fruit and Vegetables Milk – 8 oz Serving	20
21	No School 22	No School 23	No School 24	 25	No School 26	27
28	General Tso's Chicken 29 Rice; Stir Fry Vegetables Mand. Oranges; Cookie Milk – 8 oz Serving	School Baked Pizza 30 Veg. Juice Box; Corn Apple Chips; Slushie Cup Milk – 8 oz Serving				



Submit Free/Reduced Applications and PAST DUE meal payments by credit card/debit card at: <https://www.schoolcafe.com> * All Menu Items are subject to change due to availability.