




May

Monongalia County Schools



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
1	General Tso's Chicken Fried Rice; Stir Fry Mand. Oranges Milk – 8 oz Serving	2	School Baked Pizza Salad w/ Dressing Apple Chips; Slushie Cup Milk – 8 oz Serving	3	Meatball Hoagie Sweet Pot. Fries; Juice Box Steamed Broccoli Milk – 8 oz Serving	4	Breakfast 4 Lunch Biscuits & Gravy; Peppers Hash Brown; Strawberries Milk – 8 oz Serving	5	Mini Corn Dog Tater Tots; Fresh Apple Celery w/ Ranch Cup Milk – 8 oz Serving	6	7
8	Tex-Mex (Variety) Tortilla Chips/Salsa; AppleSauce; Black Beans Milk – 8 oz Serving	9	 10	Popcorn Chicken Potato Smiles Baby Carrots; Pears Milk – 8 oz Serving	11	Salisbury Steak Mashed Pot. ; Fruit Cup Green Beans; Baked Roll Milk – 8 oz Serving	12	Rotini Pasta & Sauce Garden Salad w/ Dressing Pineapple Chunks; Garlic Bread Stick Milk – 8 oz Serving	13	14	
15	Mac & Cheese Cole Slaw; Fruit Cocktail Brussel Sprouts Milk – 8 oz Serving	16	Pizza (Variety) Fresh Broccoli; Ranch cup Cooked Carrots; Apple Crisp Milk – 8 oz Serving	17	Grilled Cheese WV Tom. Soup; Fruit Cup Spinach Salad w/ Dressing Milk – 8 oz Serving	18	Chicken & Waffles Box Fresh Vegetable Pack Apple Slices Milk – 8 oz Serving	19	Taco Salad Tortilla Chips/Salsa; Black Beans; Grapes Milk – 8 oz Serving	20	21
22	BBQ Chicken Corn Bread/Pinto beans Red Potatoes; Fresh Pear Milk – 8 oz Serving	23	School Pepperoni Roll Fresh Carrot; Ranch Cup Veg. Juice Box; Applesauce Milk – 8 oz Serving	24	Fish Sticks Peas; Orange slices; Goldfish Crackers Milk – 8 oz Serving	25	Country Fried Steak AuGratin Potatoes; Roll Broccoli; Pineapple Slice Milk – 8 oz Serving	26	Lasagna Roll Breadstick; Cantaloupe Garden Salad w/ Dressing Milk – 8 oz Serving	27	28
29	 30	School Choice Entrée Whole Grain Choice Fruit and Vegetables Milk – 8 oz Serving	31	School Choice Entrée June 1 Whole Grain Choice Fruit and Vegetables Milk – 8 oz Serving	2	School Choice Entrée Whole Grain Choice Fruit and Vegetables Milk – 8 oz Serving	3	School Choice Entrée Whole Grain Choice Fruit and Vegetables Milk – 8 oz Serving	4		

Submit Free/Reduced Applications and PAST DUE meal payments by credit card/debit card at: <https://www.schoolcafe.com> * All Menu Items are subject to change due to availability.