

2018-2019 Cafeteria Breakfast Features



MEAL PRICING:

Full Price Breakfast	\$1.20
Free-Reduced Breakfast	FREE
Milk (additional half pint)	\$.025 (cash)

CAFETERIA BREAKFAST MENU

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 8/20 9/24 10/29 12/10	Breakfast Sandwich Egg Patty on English Muffin	Mini Waffles	French Toast Sticks	Bagel Bites Stuffed with cream cheese	Breakfast Pancakes
WEEK 2 8/27 10/1 11/5 12/17	PANCAKE Sausage Stick (pork)	Mini French Toast	Oatmeal Donut Stick	Scrambled Eggs Wheat Toast	Fruit n Yogurt Parfait WG Muffin
WEEK 3 9/3 10/8 11/12 12/31	French Toast Slices (2) w/fruit topping	Breakfast Pancakes	Egg Omelet Wheat Toast	Breakfast Fruit Bread Cheese Stick	Sausage Breakfast Biscuits (turkey)
WEEK 4 9/10 10/15 11/26 1/7/19	Scrambled Egg WG Biscuit	French Toast Sticks	Hot Cereal School Donut	Pancake Bites (turkey)	Egg & Cheese Breakfast Pizza
WEEK 5 9/17 10/22 12/3 1/14/19	WG Cinnamon Rolls	Scrambled Eggs with Bacon Wheat Toast	Toasted Whole Grain Bagel	Sausage Breakfast Croissant	Yogurt Breakfast Cereal Bar

Grab n Go Breakfast Lines:

FRUITS

Fruit of the Day
½ c Fruit Juice

2 GRAINS

2 Whole Grain Breakfast Items

MILK

Half pint
1% or fat free

PROTEIN (extra)
Yogurt, Meat or Cheese Stick

Subject to change due to product availability.

NUTRITION BITES: All breakfast lines include choice of 100% juice, fruit selection and low fat or fat-free milk.



Grab n Go - second chance breakfast - also offered at high schools and middle schools. Grab n Go breakfast to the classroom offers an alternative breakfast selection. Students eating breakfast are more alert in class and ready to achieve.

