

Munchkin Times

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Join Us

Another school year is underway. That means all the fun of Early Head Start activities and parent meetings are starting back up. We need more families to join in. As for our committee meetings and advisories, we would like to see new faces as well as some of our old faces. Parent meetings are once a month and about an hour long. There will be snacks and water. It is very fun. We need new ideas, your opinions, and we would love to hear your stories. Please come and join.



How did I get my child to walk?

Personal article submitted by Leyna Menefee

I wanted to share my story on how I was able to get my daughter to start walking.

My daughter was showing signs of wanting to walk. We tried a few different things and none of those things motivated her to really try. I decided one day to visit with a friend of mine here in town. She knew I liked peach tea and offered the one she had. So as I did with my older boys, I encouraged Addie to try it. I very soon found out that she liked it just as much as I did. As we hung out in the kitchen, I realized I could use the Lipton peach tea to try and get her to walk towards me. So I moved across the kitchen and sat down on the floor and asked if she wanted more. Addie stood up, let go of the chair and took off across the floor to me. From that day on she has not stopped.





Kids Handprint Fall Tree Craft

Materials needed:

Washable paint. Red, orange, yellow

Paintbrush

Whitepaper

Brown crayon

Paint child's hand one color. Repeat using orange and red paint as well to make a beautiful fall tree. When the top is done take a paintbrush fill in the trunk.

Info from: Craftymoring.com

How Do You Get Your Picky Eater to Eat?

I have a way to get my picky eater to try new foods and learn what is healthy at the same time. We get white paper and write the name of a color and fold it. Put them in a bowl and pick one. Then you pick five foods for that color.

Example we did "green" one night.

We had

Green Peppers

Kiwi

Brussels Sprouts

Guacamole

Green Beans



To my surprise my child loved the Guacamole and kiwi. This is a fun game to play. It helps a child learn colors while trying new foods. Have fun as a family.

Pumpkin Swirl Brownies

Fudgy brownies. Creamy pumpkin and cream cheese swirl. Yummy!

15 MIN PREP TIME

**2 HR 30 MIN
TOTAL TIME**

16 SERVINGS



Filling

- 1** package (3 oz) cream cheese, softened
- 1/2** cup canned pumpkin (not pumpkin pie mix)
- 1** egg
- 3** tablespoons sugar
- 1** teaspoon ground cinnamon
- 1/4** teaspoon ground nutmeg

Brownies

- 1** box Betty Crocker™ Premium Brownies Ultimate Fudge
- 1/4** cup vegetable oil
- 2** tablespoons water
- 1** egg

Directions

- 1.** Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom only of 9-inch square pan with shortening or cooking spray. In small bowl, beat all filling ingredients with electric mixer on low speed until smooth. Set aside.
- 2.** Make brownie batter as directed on box, using 1/4 cup oil, 2 tablespoons water and the egg. Spread 3/4 of the batter in pan. Spoon filling by tablespoonfuls evenly over batter. Spoon remaining brownie batter over filling. Cut through batter several times with knife for marbled design.
- 3.** Bake 40 to 45 minutes or until toothpick inserted 1 inch from side of pan comes out almost clean. Cool completely. Cut into 4 rows by 4 rows. Store covered in refrigerator.

Halloween Activities

- Morgantown — 5:30-7:30 p.m. Oct. 31. Downtown Morgantown — 5-7 p.m. Oct. 28.
- Suncrest Towne Centre — 4-6 p.m. Oct. 29. Granville — 5-6 p.m. Oct. 29 at Granville Park.
A costume parade to the Granville social hall will be held from 6-6:30 p.m., followed by a Halloween party at the social hall from 6:30-7:30 p.m. Halloween activities are for children 12 and under. Teens and adults are welcome to dress up and volunteer.
- Westover — 6-7:30 p.m. Oct. 31. Blacksville — 6-8 p.m. Oct. 31.
- Downtown Kingwood businesses — 5-6 p.m. Oct. 27. Kingwood — 5:30-6:30 p.m. Oct. 31.
A community party at the Craig Civic Center, sponsored by the city with the support of local businesses, begins at 7 p.m.
- Rowlesburg — 5-6:30 p.m. Oct. 31. Costume judging will be at 7 p.m. at the VFW, followed by bingo. Both are sponsored by the Rowlesburg Lions Club.
- Tunnelton — 5:30-7 p.m. Oct. 31.
- Unincorporated areas of Preston County — 5:30-7 p.m. Oct. 31.
- The annual Mall-o-ween Trick-or-Treat will be from 6-8 p.m. Oct. 27, at the Morgantown Mall.
Children 12 and under are encouraged to enter the costume contest in the food court. Registration will be from 5-6:30 p.m. Three winners, which will be announced at 7 p.m., will receive prizes. Children must be present to win.
- WVU's annual Trunk-or-Treat will be held 5-7 p.m. Oct. 28 in the Coliseum parking lot.
In the event of inclement weather, the event will be moved indoors at the Shell Building.
- Hovatters Wildlife Zoo in Kingwood is hosting "Boo at the Zoo," a Halloween-themed event with games, prizes and candy, from 2-6 p.m. Oct. 28-29. Costumes are encouraged. The first children to arrive dressed as a zookeeper, veterinarian or zoo animal will win prizes. Kids who arrive in costume will receive a free admission pass for next season. Admission is \$10 for kids 3-12, \$11 for seniors and military veterans, \$12 for adults and free for kids 2 and under.
- A harvest/Halloween party is scheduled for 2-5 p.m. Oct. 29, at the McCurdysville Community Building.
There will be a parade at 2:30 p.m., games, candy, and hay rides (weather permitting). Admission is free and open to all. For more information, contact 304-278-7038 or 304-278-5469.
- Chestnut Ridge Community Center in southern Preston County will hold a spooky Halloween event for all ages from 5-7:30 p.m. Oct. 29. A walk on the Spooky Forest Trail, a 0.4 mile walking trail of bats, ghosts, witches and Sleepy Hollow Cemetery will begin at 5:30 p.m. Not for the Scared Cats walk will begin at 6:30 p.m. There will be witches, werewolves, spiders and more as the guide shows you the way with a lantern. Bring a flashlight.
- Triple S Harley Davidson is hosting a Halloween party from 11 a.m.-3 p.m. Oct. 29. There will be a costume contest and in-store poker run, as well as snacks and drinks while they last.
- Girl Scout Troop 54520 is hosting a Halloween "Spooktacular" and chili cook-off from 1-5 p.m. Oct. 29 at St. Mary's Peace Hall in Star City. The cost to enter chili is \$10. For more information on entering, contact Lee Ann at 304-328-5386 or email morgantownfallfest@gmail.com. Decorated or carved pumpkins can be entered in a contest for a \$5 fee. Additional activities include music by local artists, Whiskey Victor, children's games, vendors and a bake sale. There will be a \$5 fee to attend the event and sample chili entries. All proceeds from the event will benefit the International Education and Travel Fund of Troop 54520.
- Rocktop Bar & Lounge will host a "Rooftop Spooktacular" Oct. 29. Doors open to all ages at 5 p.m., with games, tricks and treats for kids. Drink specials and more will be available starting at 8 p.m.
Non-perishable food items will be collected at the door for Scott's Run Settlement House.
- Chick-fil-A on Patteson Drive will host a "Trunk or Treat" from 6-8 p.m. Oct. 31.
The back section of the parking lot will be filled with cars from local businesses and organizations, offering candy and fun for everyone.

Five Little Pumpkins



Five little pumpkins sitting on a gate
(put five fingers up)

The First one said” oh my its getting late!”
(hands on cheek)

The second one said “there is chill in the air!”
(arms around self)

The Third one said ”but we don't care”
(swing Pointer finger)

The forth one said We are ready for fun!”
(hands in the air)

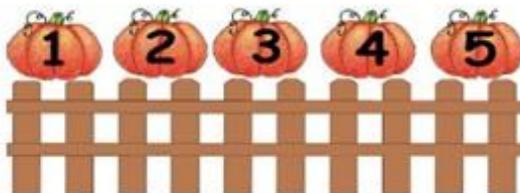
The fifth one said’ lets run and run!”
(run in place)

So whoooo went the wind
(make whoo sound)

And out went the light
(clap hands Loudly)

And five little pumpkins rolled out of sight
(roll hands)

5 Little Pumpkins



Info from: Teachingmama.org



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